



## Do I Need a LifePlan™?

Yes, we all need a LifePlan at some point in our lives. If you have an overwhelming need to discover and know your purpose in life, if you have a strong desire to redefine your life mission, or if you simply need help to organize and balance around an already clear life purpose, then you may be ready for a LifePlan™.

## Am I Ready for a LifePlan™?

You may be! The LifePlan™ process is not therapy, nor prescriptive in its approach. Rather, it is a carefully facilitated planning process that relies on a series of dynamic and engaging tools to bring out the insight and wisdom needed for personal perspective and decision.

### Statements to consider:

1. **I'm clear on my life mission and living it.** Yes  No
2. **My pace of life is controlled and sustainable.** Yes  No
3. **My life is balanced.** Yes  No
4. **I am daily making my life contribution.** Yes  No
5. **I enjoy my job and feel challenged by it.** Yes  No
6. **I live with fewer have to's than want to's.** Yes  No
7. **I feel like I am making a difference.** Yes  No
8. **I am generally happy with my life.** Yes  No
9. **I understand how I'm wired and work from that place.** Yes  No
10. **I understand that there is far more to life than work.** Yes  No
11. **When I think about my future, I feel hopeful.** Yes  No
12. **I enjoy the spontaneity of life.** Yes  No
13. **I am living out my core values.** Yes  No
14. **I have a clear vision for my future.** Yes  No
15. **I have much to look forward to.** Yes  No

If you answered **NO** to two or more questions, you would most likely benefit from a LifePlan™.

For more information, please contact:

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